

Summer Sipper

Ingredients:

½ cup cantaloupe, diced

½ cup blueberries

1 cup cherries, pitted

2 leaves basil

1 ½ cups coconut water

Flavored sparkling water can be used in place of coconut water

Add all ingredients to a blender. Pulse or blend for 30 seconds until smooth.
Enjoy!

Source: nutriving.com